Thornaby Pool Swimming Timetable - Term Time

Term Time Sessions...Term Time Sessions...Term Time Sessions...

Mon

- 6.30 - 8am: Billingham ASC
- 7.30 - 9am: Early Bird Swim
- 9am - 12pm: School Swimming
- 12 - 1pm: Lunch Time Swim
- 1 - 3pm: Public Session | School Session
- 3 - 5pm: Staff Training
- 5 - 7pm: B.O.S.S.S.
- 7 - 8pm: Thornaby ASC
- 8 - 9pm: Adults Only

Tue

- 6.30 - 8am: Billingham ASC
- 7.30 - 9am: Early Bird Swim
- 9am - 12pm: School Swimming
- 12 - 1pm: Lunch Time Swim
- 1 - 3pm: Public Session | School Session
- 3 - 4pm: Public Session
- 4 - 5pm: Adult Swim & Relax
- 5 - 7pm: B.O.S.S.S.
- 7 - 9pm: Thornaby ASC

Wed

- 6.30 - 8am: Billingham ASC
- 7.30 - 9am: Early Bird Swim
- 9am - 12pm: School Swimming
- 12 - 1pm: Lunch Time Swim
- 1 - 3pm: Public Session | School Session
- 3 - 4pm: Public Session
- 4 - 6pm: Swimming Lessons
- 6 - 7.30pm: Fun Floats
- 7.30 - 8.45pm: Public Session
- 8.45 - 9.30pm: Adult Swimming Lessons

Thu

- 6.30 - 8am: Billingham ASC
- 7.30 - 9am: Early Bird Swim
- 9am - 12pm: School Swimming
- 12 - 1pm: Lunch Time Swim
- 1 - 3pm: Public Session | School Session
- 3 - 4pm: Public Session | Swimming Lessons 3.30-4pm
- 4 - 6pm: Swimming Lessons
- 6 - 7pm: Adults Only
- 7 - 8pm: Ladies Only
- 8 -9pm: Sub Aqua Club

Fri

- 7.30 - 9am: Early Bird Swim
- 9 - 11am: Public Session | Aquafit 10-11am
- 11am - 12pm: Ladies Only
- 12 - 1pm: Lunch Time Swim
- 1 - 3pm: Public Session | School Session
- 3 - 4pm: Public Session | Active Health Aquafit
- 4 - 5pm: Public Session | Billingham ASC
- 5 - 6pm: Public Session | Stockton ASC
- 6 - 7pm: Public Session | Aquafit
- 7 - 8pm: Ladies Only*
- 8 - 9pm: Thornaby ASC

Sat

- 7 - 8.45am: Billingham ASC
- 9 - 11am: Swimming Lessons
- 11 - 11.45am: Public Session | Swimming Lessons
- 11.45 - 12.45pm: Fun Floats
- 1 - 2pm: Public Session
- 2.30 - 5.30pm: Party Bookings
- 6 - 7pm: Laned Swimming shared with Adults Only

*This session is for females aged 12yrs+ who can enjoy a Ladies Only Session if they are accompanied by a parent/carer.

Sun

- 7 - 9am: Billingham ASC
- 9 - 10am: Public Session
- 10 - 11am: Public Session | C.H.I.L.D.
- 11am - 12pm: Public Session
- 12 - 12.45pm: Fun Floats
- 1 - 2pm: Stockton ASC
- 2 - 4pm: People with Disabilities
- 4.30 - 6pm: Billingham ASC
- 6 - 8pm: B.O.S.S.S.

Key

- Free Swimming Offer applies to these sessions. (Session criteria still applicable, see Swimming leaflet for eligibility criteria)
- These sessions are instructed and the pool is shared with public sessions. Free Swimming Offer not available for Instructed sessions.
- Pool Party Booking available for private hire.
- Sessions **CLOSED** to the public. Free Swimming Offer not available in these sessions.

Please note All children under 8 years of age must be accompanied in the water by an adult (16years+) with a maximum ratio of 2 children per adult

Please note: The last ticket for the 'Free Swim' sessions is 30 minutes before the session ends.

Timetables are valid from April 2010 and are correct at time of going to print. Sessions are subject to change. Please visit our website for the most up to date timetable.

Thornaby Pool Swimming Timetable - School Holidays

School Holiday Sessions...School Holiday Sessions...School Holiday...

Mon	Tue	Wed	Thu	Fri	Sat	Sun
6.30 - 8am Billingham ASC	6.30 - 8am Billingham ASC	6.30 - 8am Billingham ASC	6.30 - 8am Billingham ASC	7.30 - 9am Early Bird Swim	7 - 8.45am Billingham ASC	7 - 9am Billingham ASC
7.30 - 9am Early Bird Swim	7.30 - 9am Early Bird Swim	7.30 - 9am Early Bird Swim	7.30 - 9am Early Bird Swim	9 - 11am Public Session / Aquafit 10-11am	9 - 11am Swimming Lessons	9 - 10am Public Session
9 - 10am Aqua Jet Session	9 - 11am Public Session	9 - 10am Aqua Jet Session	9 - 10am Aqua Jet Session	11am - 12pm Ladies Only	11 - 11.45am Public Session / Swimming Lessons	10 - 11am Public Session / C.H.I.L.D.
10 - 11am Public Session	11 - 11.45am Inflatable Session	10 - 11am Public Session	10 - 11am Public Session	12pm - 1pm Adults Only	11.45 - 12.45pm Fun Floats	11am - 12pm Public Session
11 - 11.45am Inflatable Session	12pm - 1pm Adults Only	11 - 11.45am Inflatable Session	11 - 11.45am Inflatable Session	1 - 2pm Inflatable Session	1 - 2pm Public Session	12 - 12.45pm Fun Floats
12pm - 1pm Adults Only	1 - 2pm Inflatable Session	12pm - 1pm Adults Only	12pm - 1pm Adults Only	2 - 4pm Public Session / Active Health Aquafit 3-4pm	2.30 - 5.30pm Party Bookings	1 - 2pm Stockton ASC
1 - 2pm Inflatable Session	2 - 4pm Public Session	1 - 2pm Inflatable Session	1 - 2pm Inflatable Session	4 - 5pm Public Session / Billingham ASC		2 - 4pm People with Disabilities
2 - 3pm Public Session	4 - 5pm Adult Swim & Relax	2 - 4pm Public Session	2 - 4pm Public Session / Swimming Lessons 3.30-4pm	5 - 6pm Public Session / Stockton ASC	6 - 7pm Laned Swimming shared with Adults Only	4.30 - 6pm Billingham ASC
3 - 5pm Staff Training	5 - 7pm B.O.S.S.S.	4 - 6pm Swimming Lessons	4 - 6pm Swimming Lessons	6 - 7pm Public Session / Aquafit		6 - 8pm B.O.S.S.S.
5 - 7pm B.O.S.S.S.	7 - 9pm Thornaby ASC	6 - 7.30pm Fun Floats	6 - 7pm Adults Only	7 - 8pm Ladies Only*		
7 - 8pm Thornaby ASC		7.30 - 8.45pm Public Session	7 - 8pm Ladies Only	8 - 9pm Thornaby ASC		
8 - 9pm Adults Only		8.45 - 9.30pm Adult Swimming Lessons	8 - 9pm Sub Aqua Club			

*This session is for females aged 12yrs+ who can enjoy a Ladies Only Session if they are accompanied by a parent/ carer.

THE USE OF VIDEO OR PHOTOGRAPHY IS PROHIBITED
(UNLESS ARRANGED BY PRIOR AGREEMENT)

TEES ACTIVE

swim 4 life

Thornaby Pool
Tel: 01642 616727

For more information about swimming visit our website
www.teesactive.co.uk

Locker Keys

Take the hassle out of organising a birthday party by letting us do it for you!

Party Time

We can cater for parties of up to 50 people (which includes both children and adults). You can choose from a one hour Exclusive Swim with an Inflatable or for smaller parties you can book your party during public sessions. We also offer exciting Aquajet Parties! Party Sessions are available on Saturdays only.

For more details, or to book contact Thornaby Pool on (01642) 616727.

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